



## **CIT Program Overview**

Summer 2018 will feature two 5-week CIT sessions.

- CIT Session I will be June 24-July 28.
- CIT Session II will be July 15-August 18.

There will be two weeks of overlap for the CIT sessions. Each session will incorporate 1 one week camp session and 2 two week camp sessions

One of the primary goals of the program is to begin the process of preparing teens to become Camp Abnaki counselors. CITs will be participating in experiences designed to build their leadership ability, increase their skill competency, build their self-esteem, educate them about the needs of children, and train them to serve as a staff member in the future.

The Counselor in Training program is managed by the CIT Director Anthony Granai and supported by the whole camp staff. The CITs will work toward the goals set forth above in a variety of ways. Early in the program they will participate in group dynamics and team building exercises. CITs help to plan evening and weekend programs for the entire camp. They will also work with staff and campers during check in and check out days. And most importantly they will spend time in camper cabins working with the staff and campers.

CITs will also participate in many of the same workshops that were offered during our staff training. Some of those topics include:

- child abuse prevention
- child maltreatment
- behavior management
- child development
- YMCA mission
- emergency and safety procedures
- and much more.

We are hoping to provide CITs training in CPR, First Aid, and have the option to become Red Cross certified Life Guards. With training and responsibility it is important to remember that CITs are “in training” and will not be considered staff members during the program.

There will be planned recreational activities throughout the session for CITs. The CIT Director will supervise this activity as well as all trips off camp property. As the session progresses CITs will have more responsibility to help run daily program activities. CITs will not have the sole responsibility to supervise a group of campers during their stay. CITs begin their session living together in a cabin, but are eventually integrated into camper cabins as part of their training.

Throughout the program, the CITs will be evaluated by their peers and the staff. They will be given feedback to help them become aware of their strengths and areas for improvement. A CIT's session ends after five weeks of camp. There is not an opportunity in the same year to stay on as a counselor.

## **CIT Application Process**

The CIT application process at Camp Abnaki consists of three main parts:

- The application
- Written references
- An interview with camp staff

Each applicant will complete each of these parts in order to be considered for the CIT Program. For most applicants, we understand that this may be the first time they have applied for a program/job like this. We are available to help you with any part and will offer advice as needed. We encourage parents to talk with their son about the process and work with them during it. We encourage parents to have their son do the application themselves.

### **Applications**

The application for the CIT Program is available through the Camp Abnaki website or by e-mailing the Assistant Camp Director Adam at [avanvught@gbymca.org](mailto:avanvught@gbymca.org). There are traditional job application sections of work history, contact information, and certifications. It also has a question and answer section focused on some areas we feel are important to being successful as a CIT. CIT applications are due no later than Monday, January 1 2018

The application is available only in online format. Please contact the camp office if you are unable to complete it in the online format.

### **References**

Every CIT applicant should provide three references. Two of your three references should be from people not associated with Camp Abnaki and only one can be a family member such as a parent. References should reflect who you are as a person and what your work ethic is like. Great examples of references are teachers, coaches, advisors, supervisors, neighbors, and more.

### **Interviews**

Each applicant will be asked to interview with Camp Abnaki Staff. Interviews are done either in person at the Greater Burlington YMCA or via video chat. Interviews will only be offered to those people who have completed the application and have submitted 3 references. Interviews are typically scheduled during January on weekends, after school, and evenings during the week. We will provide advice prior to the interview about the interview process to every applicant we are interviewing.

## Acceptance into the Program

Applicants will be notified by February 15<sup>th</sup> if they have been accepted into the CIT Program. They will be provided with information on how to officially register for the program, a process their parents will need to complete. Applicants may not sign up for the CIT program through the normal camper registration form. There are two CIT sessions. In an effort to meet everyone's schedule needs, we will ask each CIT if they have a preference for a specific session, but cannot guarantee that the session you request is the session you are assigned.

## Pricing

Tiered pricing options for the CIT program are:

Tier A \$1,800  
Tier B \$1,900  
Tier C \$2,000.

Our tiered pricing system allows parents to choose the price for camp. The camper gets the same great program regardless of the tier they pay. The fee includes \$75 in camp store funds and all changeover weekend costs.

Scholarships are available for those participating in the CIT Program. Applications for scholarships are a part of the registration process, after acceptance into the program.

## After The Program

Participation in the CIT program may provide an advantage if applying for employment in the future but in no way will it guarantee future employment.

Camp will have volunteer opportunities for those participants that have successfully completed the CIT Program throughout the fall and winter.

This is an exciting time to learn the behind the scenes side of what makes camp tick. The administrative team at camp is very dedicated to ensuring that the CIT experience is a rewarding one. If you have any questions please do not hesitate to contact us by phone or e-mail.

## School Year Contact for CIT Program

During the months after and leading up to camp season, the primary contact for the CIT Program is Adam Van Vught, the Assistant Camp Director. All questions regarding the program, application process, and other general information should be directed towards him.

Thank you.

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